

CERTIFICATE

OF PARTICIPATION

This is to certify that

Karabo Monyamane

Has successfully participated & completed the

13km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:49:10

PACE 08:22/km

OVERALL 33 of 59

GENDER 28 of 40

OPEN 13 of 19

21 July 2019, Sun

Date



